

# NATIONAL SUMMIT ACTION PLAN

**Use this action plan to take notes and document planned next steps during Day 1 of the Summit. If you have questions, please email the EndTobacco team at [EndTobacco@mdanderson.org](mailto:EndTobacco@mdanderson.org)**

Before the Summit starts, write down goals and ideas regarding tobacco-related policy, prevention, or cessation that you have for your institution/organization.

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**Commercial Tobacco Landscape and Pathways to Advancing Health Equity:**

Summarize facts about tobacco products, youth and adult tobacco use rates:

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How can I take a health equity and inclusive approach to efforts on my campus?

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**Emerging Products, Flavored Tobacco Products; Strategies to Reduce Young Adult Use:**

Considering my campus and its environment I should think about...

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Important Strategies to remember to reduce young adult access to tobacco products:

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# NATIONAL SUMMIT ACTION PLAN

**Panel #1: Health Equity Campaigns to Engage Students in Conversations About Tobacco Use:**

How can I be more intentional about student outreach?

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Strategies I learned were:

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**Panel #2: Tailored Interventions and Outreach to Address the Impact of Tobacco Use among Specific Groups:**

Notes to remember data, tactics and resources that could be leveraged as part of outreach activities:

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Considerations for tailored outreach for my Institution/Organization:

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# NATIONAL SUMMIT ACTION PLAN

**Panel #3: Student Perspectives: How to Engage Students on Campuses and in Communities Around the Nation:**

What I learned about engaging students:

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Challenges, barriers, successes when recruiting student leaders:

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I liked this idea mentioned...

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**Changing Perceptions in an Evolving Tobacco Landscape: FDA's The Real Cost ENDS Research Insights:**

Take Home Messages:

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Bookmark this information to share with others within my Institution/Organization:

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# NATIONAL SUMMIT ACTION PLAN

**Where does my institution/organization go from here?**

Our Campus Policy:

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Our Prevention Strategies/Efforts:

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Our Cessation Services/Programs/Referrals:

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Additional people/departments/stakeholders to engage at my institution/organization.

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Who could be my potential external collaborators?

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**Summary of Summit**

List 3-5 key take-aways from today.

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# MISSOURI ACTION PLAN

Use this action plan to take notes and document planned next steps during the Summit. If you have questions, please email Ginny Chadwick at [chadwickv@missouri.edu](mailto:chadwickv@missouri.edu).

**What are some goals regarding policy/prevention/cessation that I have for my institution/health organization?**

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## PRESENTATIONS

**Analyzing the Current State of Tobacco Use Among College Students in Missouri**

Meg Mottola, M.S., Research Coordinator, Partners in Prevention

Primary Topic:     Policy     Prevention     Cessation

What I learned:

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What are some key take aways that I can implement to create action items for policy/prevention/cessation?

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**Student Perspectives on College Tobacco Use**

Missouri College Students

Primary Topic:     Policy     Prevention     Cessation

What I learned:

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# MISSOURI ACTION PLAN

How I can implement this knowledge to create action items for policy/ prevention/cessation:

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## **Poly-Substance Use: A Challenge for Tobacco Prevention**

Paul Gilbert, Ph.D., Associate Professor, Department of Community and Behavioral Health, University of Iowa College of Public Health

Primary Topic:     Policy     Prevention     Cessation

What I learned:

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How I can implement this knowledge to create action items for policy/ prevention/cessation:

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## **Tobacco Effects and Interactions in the Dangerous Game of Polysubstance Use**

Molly Leis, M.S., L.A.D.C., L.P.C.C., C.T.T.S., Counselor, Nicotine Dependence Center, Mayo Clinic

Primary Topic:     Policy     Prevention     Cessation

What I learned:

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How I can implement this knowledge to create action items for policy/ prevention/cessation:

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# MISSOURI ACTION PLAN

**What I learned from institutional report outs:**

Policy:

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Prevention:

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Cessation:

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**SUMMARY OF SUMMIT**

**3-5 things I learned over the past two days:**

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**Ideas from this summit I think can be realistically implemented at my institution/  
health organization:**

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# MISSOURI ACTION PLAN

**Where does my institution/health organization go from here?**

New ideas to share with my institution/organization:

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What is a good first step towards creating discussions about policy/prevention/cessation at my institution/health organization?

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Who can I contact at my institution/organization to begin tobacco-free discussions?

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Who could be my potential collaborators?

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