## NATIONAL SUMMIT ACTION PLAN

Use this action plan to take notes and document planned next steps during Day 1 of the Summit. If you have questions, please email the EndTobacco team at EndTobacco@mdanderson.org

Before the Summit starts, write down goals and ideas regarding tobacco-related policy, prevention, or cessation that you have for your institution/organization.

**Commercial Tobacco Landscape and Pathways to Advancing Health Equity:** Summarize facts about tobacco products, youth and adult tobacco use rates:

How can I take a health equity and inclusive approach to efforts on my campus?

**Emerging Products, Flavored Tobacco Products; Strategies to Reduce Young Adult Use:** Considering my campus and its environment I should think about...

Important Strategies to remember to reduce young adult access to tobacco products:

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Panel #1: Health Equity Campaigns to Engage Students in Conversations About Tobacco Use:

How can I be more intentional about student outreach?

Strategies I learned were:

Panel #2: Tailored Interventions and Outreach to Address the Impact of Tobacco Use among Specific Groups:

Notes to remember data, tactics and resources that could be leveraged as part of outreach activities:

Considerations for tailored outreach for my Institution/Organization:

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Panel #3: Student Perspectives: How to Engage Students on Campuses and in Communities Around the Nation:

What I learned about engaging students:

Challenges, barriers, successes when recruiting student leaders:

I liked this idea mentioned...

Changing Perceptions in an Evolving Tobacco Landscape: FDA's The Real Cost ENDS Research Insights:

Take Home Messages:

Bookmark this information to share with others within my Institution/Organization:

# NATIONAL SUMMIT ACTION PLAN

Where does my institution/organization go from here?

Our Campus Policy:

Our Prevention Strategies/Efforts:

Our Cessation Services/Programs/Referrals:

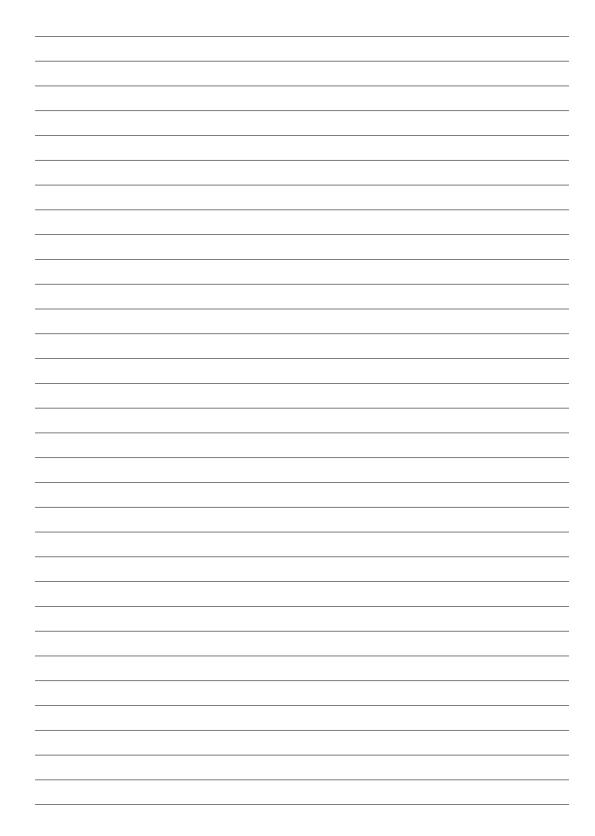
Additional people/departments/stakeholders to engage at my institution/organization.

Who could be my potential external collaborators?

**Summary of Summit** List 3-5 key take-aways from today.

## NATIONAL SUMMIT ACTION PLAN

NOTES:



### **MISSOURI ACTION PLAN**

Use this action plan to take notes and document planned next steps during the Summit. If you have questions, please email Ginny Chadwick at chadwickv@missouri.edu.

What are some goals regarding policy/prevention/cessation that I have for my institution/health organization?

#### PRESENTATIONS

**Analyzing the Current State of Tobacco Use Among College Students in Missouri** Meg Mottola, M.S., Research Coordinator, Partners in Prevention

Primary Topic:	Policy	Prevention	Cessation
What I learned:			

What are some key take aways that I can implement to create action items for policy/ prevention/cessation?

#### **Student Perspectives on College Tobacco Use**

Missouri College Students



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How I can implement this knowledge to create action items for policy/ prevention/cessation:

#### Poly-Substance Use: A Challenge for Tobacco Prevention

Paul Gilbert, Ph.D., Associate Professor, Department of Community and Behavioral Health, University of Iowa College of Public Health

What I learned:

How I can implement this knowledge to create action items for policy/ prevention/cessation:

#### Tobacco Effects and Interactions in the Dangerous Game of Polysubstance Use

Molly Leis, M.S., L.A.D.C., L.P.C.C., C.T.T.S., Counselor, Nicotine Dependence Center, Mayo Clinic

Primary Topic:	Policy	Prevention	Cessation
What I learned:			

How I can implement this knowledge to create action items for policy/ prevention/cessation:

### **MISSOURI ACTION PLAN**

#### What I learned from institutional report outs:

Policy:

Prevention:

Cessation:

#### SUMMARY OF SUMMIT

3-5 things I learned over the past two days:

Ideas from this summit I think can be realistically implemented at my institution/ health organization:

### **MISSOURI ACTION PLAN**

#### Where does my institution/health organization go from here?

New ideas to share with my institution/organization:

What is a good first step towards creating discussions about policy/prevention/cessation at my institution/health organization?

Who can I contact at my institution/organization to begin tobacco-free discussions?

Who could be my potential collaborators?

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